

About the project!

The main objective of SUSTAIN E+ is to create training materials to develop projects that are more environmentally sustainable, with the aim of reducing their carbon footprint. The professionals associated with the Erasmus+ program, particularly project managers, will be equipped with the necessary tools to evaluate the project environmental impact, minimize it, and promote sustainable actions among all program participants. The ultimate objective of this initiative is to raise awareness regarding the behaviors that positively impact the environment.

Training platform:

The development of a training platform provides the knowledge to professionals and increases the digitalisation of educational solutions. Within the scope of SUSTAIN E+ is to develop an innovative training platform available freely to the widest audience of professionals.



Educational modules on a digital platform

EU Projects and SDGs – This module has been divided into chapters where you will find information about the European Sustainability Competence Framework: Greencomp, the significance of sustainability, and approaches to Sustainable Development Goals.

Sustainable Erasmus+ project proposals – it consists of chapters that describe methods for solving social problems, project sustainability from the application submission stage, and the principles of an ecological project.

Working Procedures – The modules cover topics that describe information about understanding the need for sustainable project management, sustainable transportation and logistics practices, sustainability performance metrics and indicators.

Digital Management – chapters to answer your questions about web hosting, cloud computing, and reducing paper usage.



Transnational meetings - This module describes information about business events such as seminars and conferences based on digital technology, sustainable transportation, and culture.

Energy and water efficiency - chapters about energy efficiency in buildings and offices, water efficiency in buildings and offices, green behaviours.

Food sustainability in EU projects - The module describes information on organizing events, the environmental impact of the restaurant industry, and a balanced diet.

Transport and mobility - This module describes information about green deal, international travel, local commuting and training instructions for trainers.

Circular economy - This is the final module dedicated to topics such as the impact of raw material consumption, the effects of waste, information provided by the European Commission regarding strategies for a circular economy and waste management - including eco-projects.

At the end of each module, you will find interactive exercises.

We invite you to regularly enter our website and check our social networks for new updates on the upcoming launch of this course!



sustaineplus.erasmus.site/it/



Sustain E+

We still do not know one thousandth of one percent of what nature has revealed to us.

Albert Einstein

This project has been funded with support from the European Commission. This publication reflects the views only of the author, and the Commission or the Servicio Español para la Internacionalización de la Educación (SEPIE) cannot be held responsible for any use which may be made of the information contained therein

Project number: 2021-1-ES01-KA220-VET-000034683

